

**One Heart Group  
March 28th, 2010**

### **The Decision to Die**

**This week's One Heart Discussion surrounds the decision that Jesus made to go to the Cross and die for us. As you prepare for this discussion, please keep in mind that this decision was the most important in the history of mankind, and the gift of eternal life that God gives us through that decision is priceless. The goal of the discussion is to get each person to think about that decision and discuss what it means to them. Hopefully, each person in your group will gain a better understanding of how much God loves them and how blessed we are that Jesus made that decision.**

**Here is the outline of the sermon for this subject:**

**The Decision to die was made in a garden outside Jerusalem 2000 years ago.**

**Read Mark 14:32-42**

- 1. Jesus was overwhelmed with sorrow.**  
*The disadvantage of being both God & Man.  
His grief brought him to the point of death.*
- 2. Jesus gave His will up for the Father's.**  
*Silence from Heaven was the only response.  
Redemption had no alternative plan.*
- 3. Jesus was totally alone in His decision.**  
*No one could make this decision for Him.  
No one knew what to say.*
- 4. Jesus gave Himself to die.**  
*But why?  
He thought of each of us and said "Enough"*

*Do we truly understand how personal this decision is?*

**If you would like to do some additional study as you prepare for this discussion, here are some other passages to read with regard to this decision and sacrifice:**

*Isaiah 53  
Romans 5:6-8  
Hebrews 10:1-18  
Ephesians 2*

*One Heart Questions*  
*Sunday, March 28, 2010*

**Breaking the Ice**

1. Tell the group about one of the best gifts you ever received in your life.  
Who gave it to you? Why was it so special?
2. Tell the group about one of the best gifts you ever gave someone else.  
Why did you choose that gift? What made it so special?
3. Can you tell the group about a difficult decision you have made in your life?  
Why was it so difficult and how did it affect those around you?

**Focus on the Passage**

Read Mark 14:32-42

4. As Jesus thought about this decision, why do you think He prayed this prayer three times before He did it?
5. Why do you think the disciples were struggling so much to focus and pray?
6. What kind of pressures as a man do you think Jesus felt at this time in His life?
7. Why do you believe the Father didn't answer Jesus this time?
8. Why do you think the disciples didn't know what to say to Jesus as He returned to them for the third time?

Read Romans 5:6-8

9. Why do you think the timing of Jesus' sacrifice was so important?
10. Why is it important that Jesus died for us, "while we were yet sinners?"
11. Why do you think Jesus said, "Enough" before He let them capture Him?

**Focus on Us**

12. What does the entire process of Jesus deciding to die for us mean to you?
13. Can you remember a time when you had to pray so hard about something you were going through? How does that help you relate to Jesus?
14. The disciples didn't understand what Jesus was doing, and he loved them anyway. How can you relate to the disciples?
15. If you really believe that Jesus specifically thought of you that night, and that you alone were "Enough" to die for, how and when can that help you in your daily walk of faith?